



**UNIMORE**  
UNIVERSITÀ DEGLI STUDI DI  
MODENA E REGGIO EMILIA



# Prevenzione della demenza in Italia: Analisi documentale dei 21 Piani Regionali di Prevenzione

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**XVII Convegno**

**I CENTRI PER I DISTURBI COGNITIVI E LE DEMENZE  
E LA GESTIONE INTEGRATA DELLA DEMENZA**

# **Relevant financial disclosure(s)**

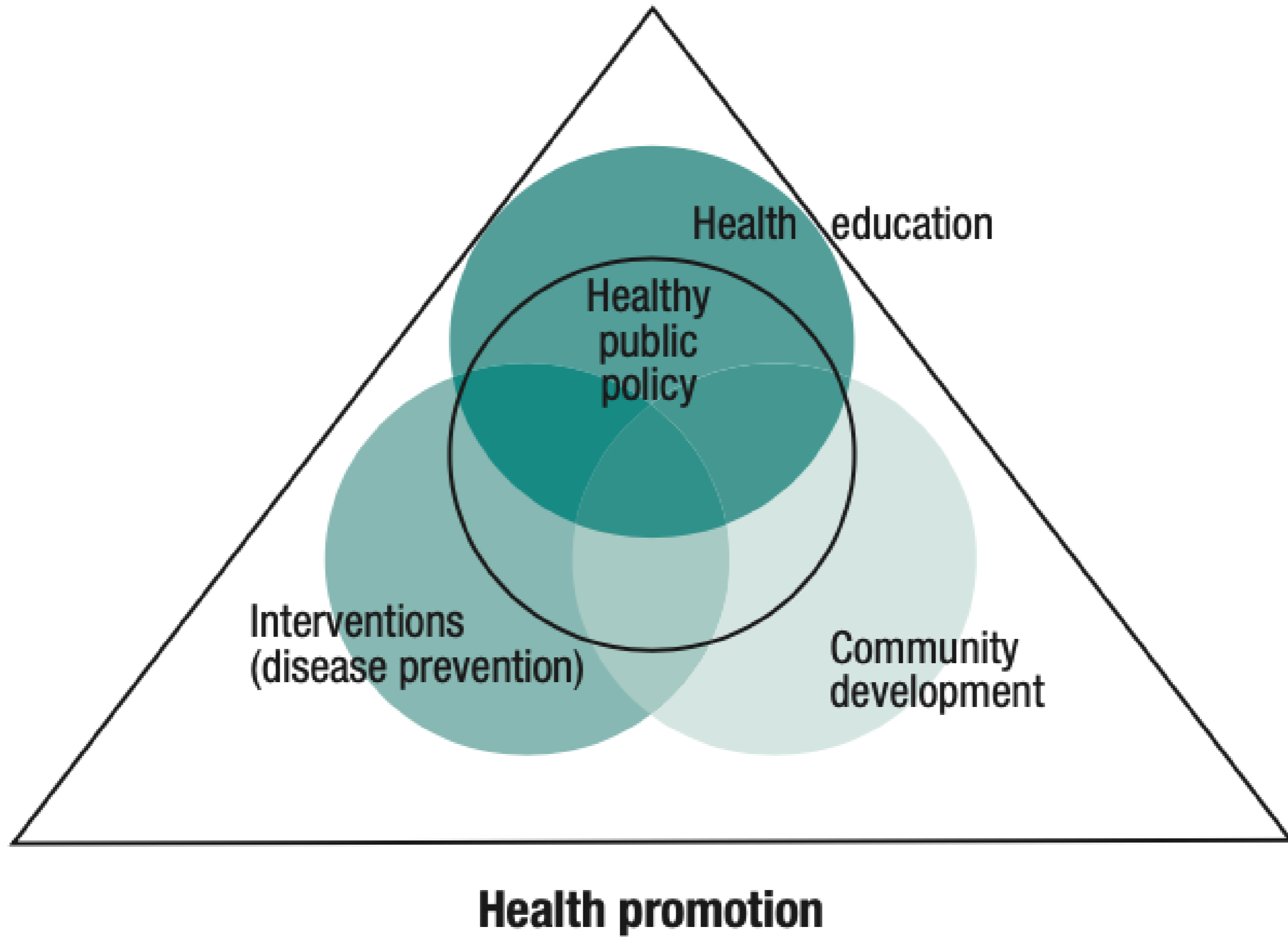
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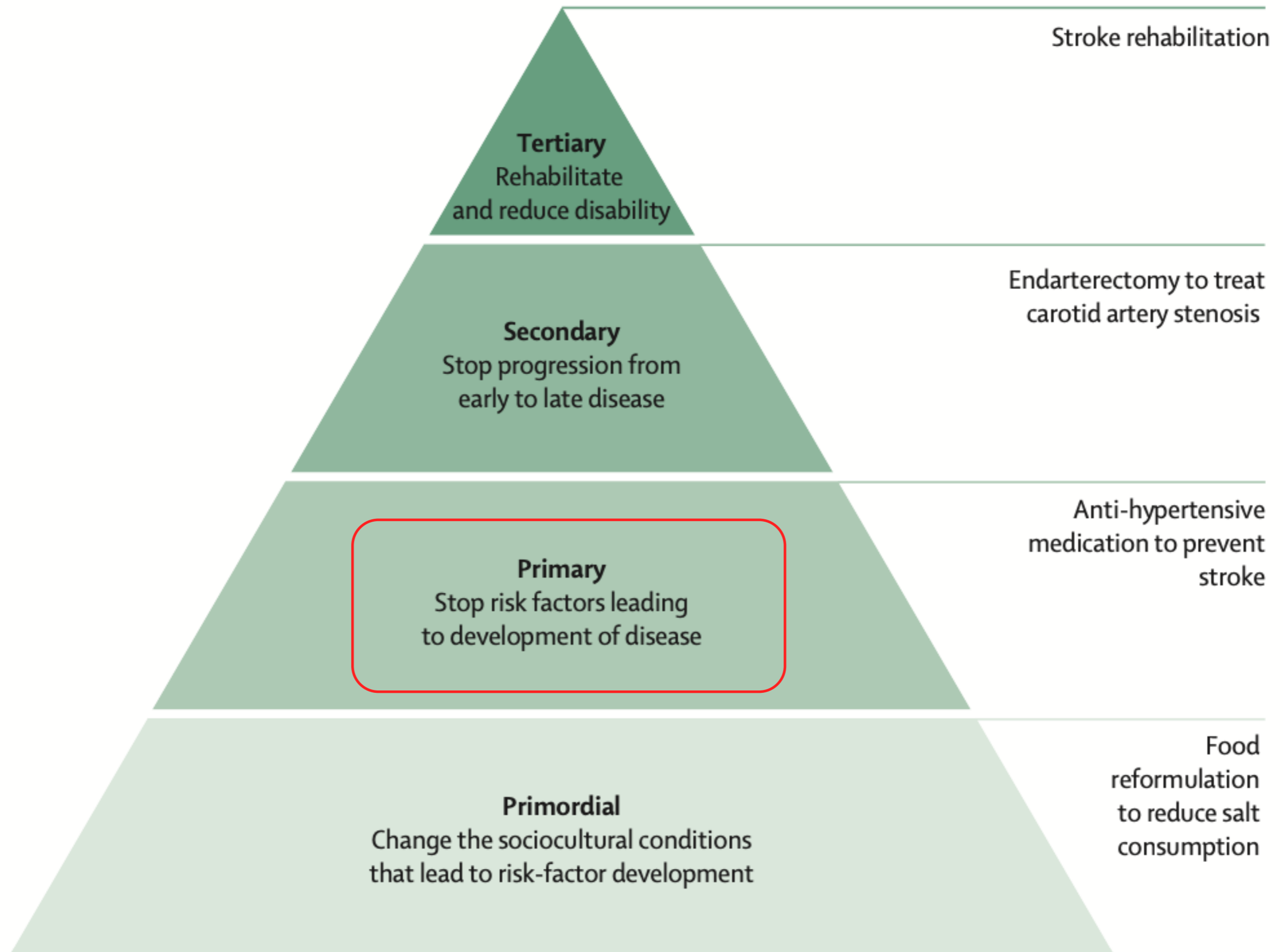
I have nothing to disclose.

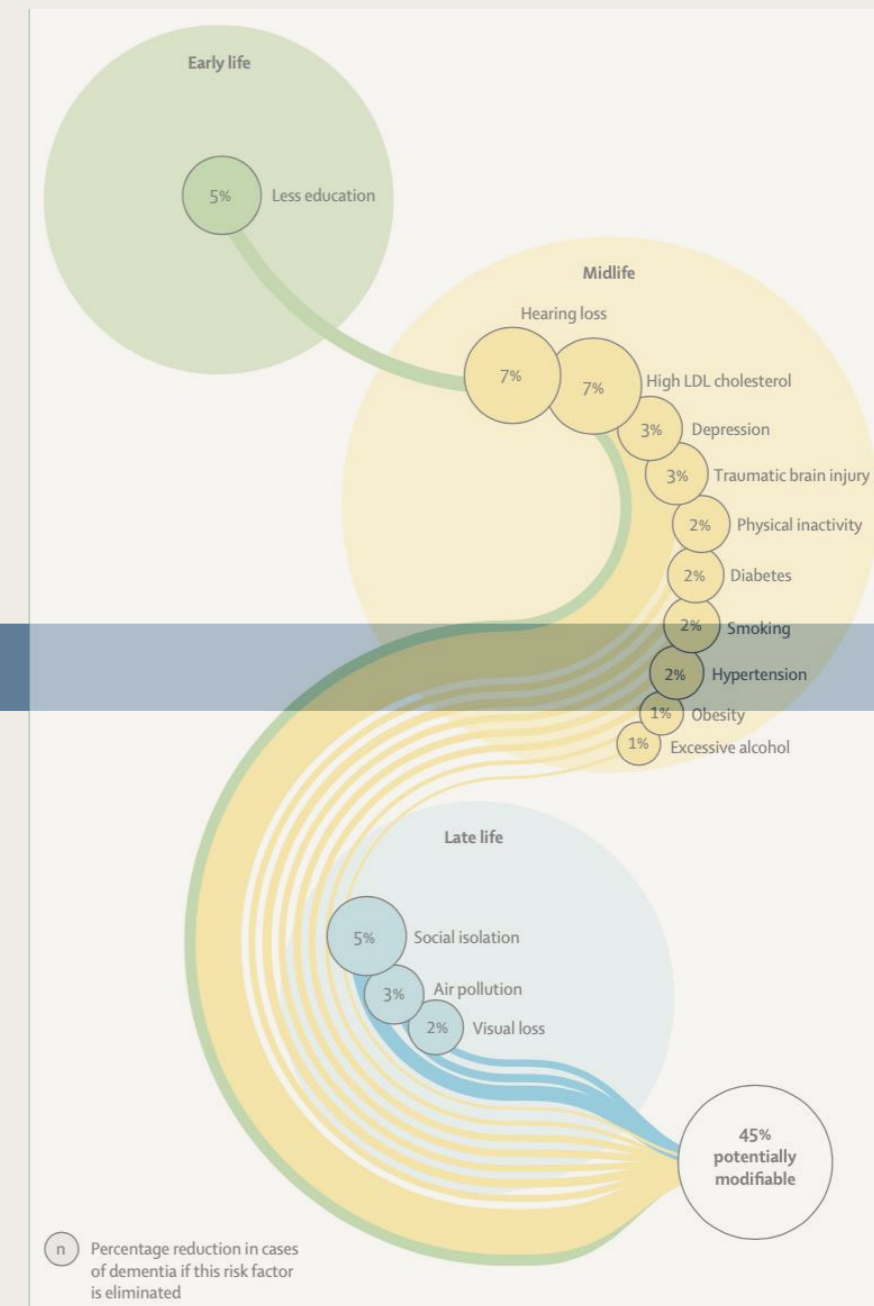
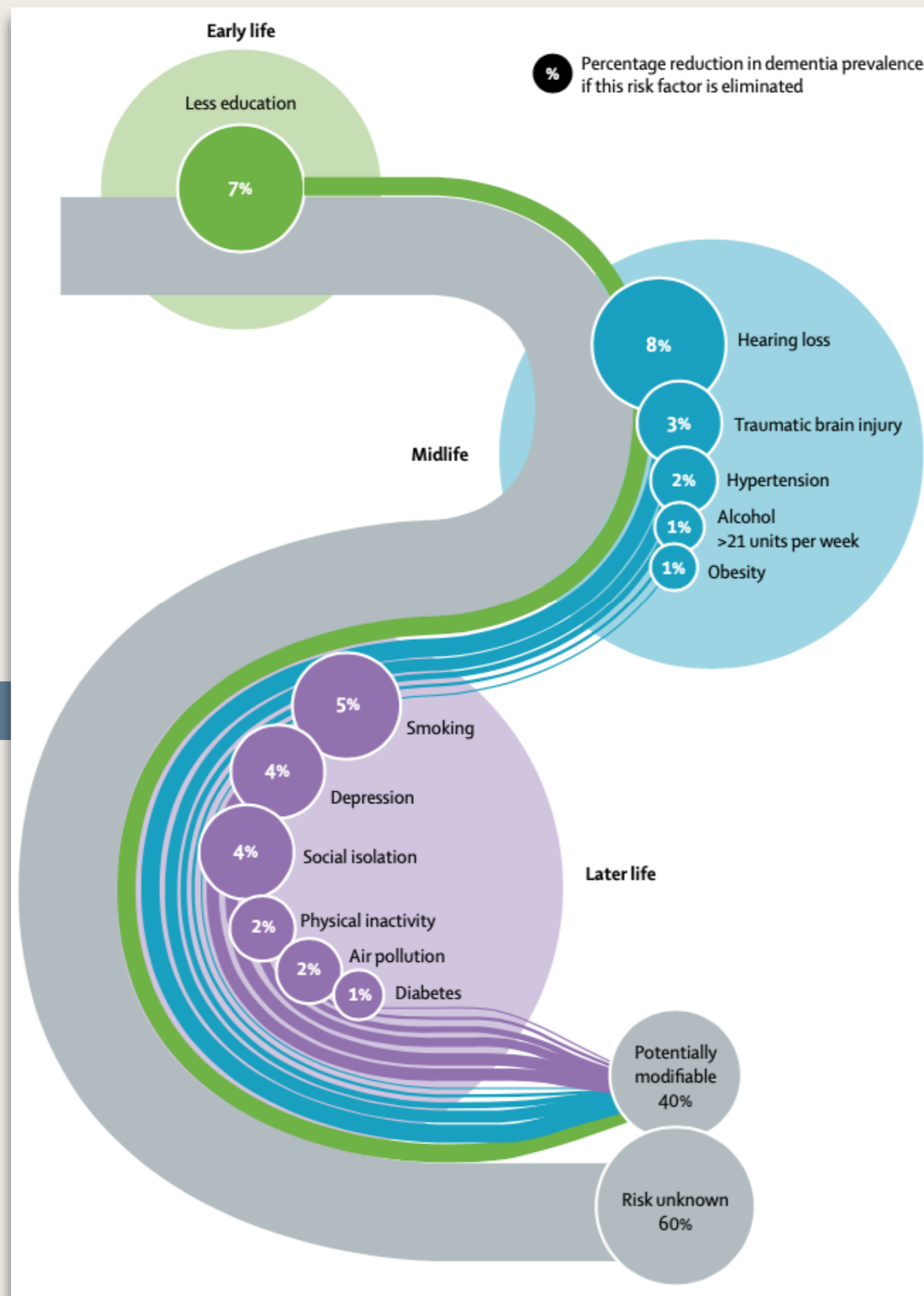
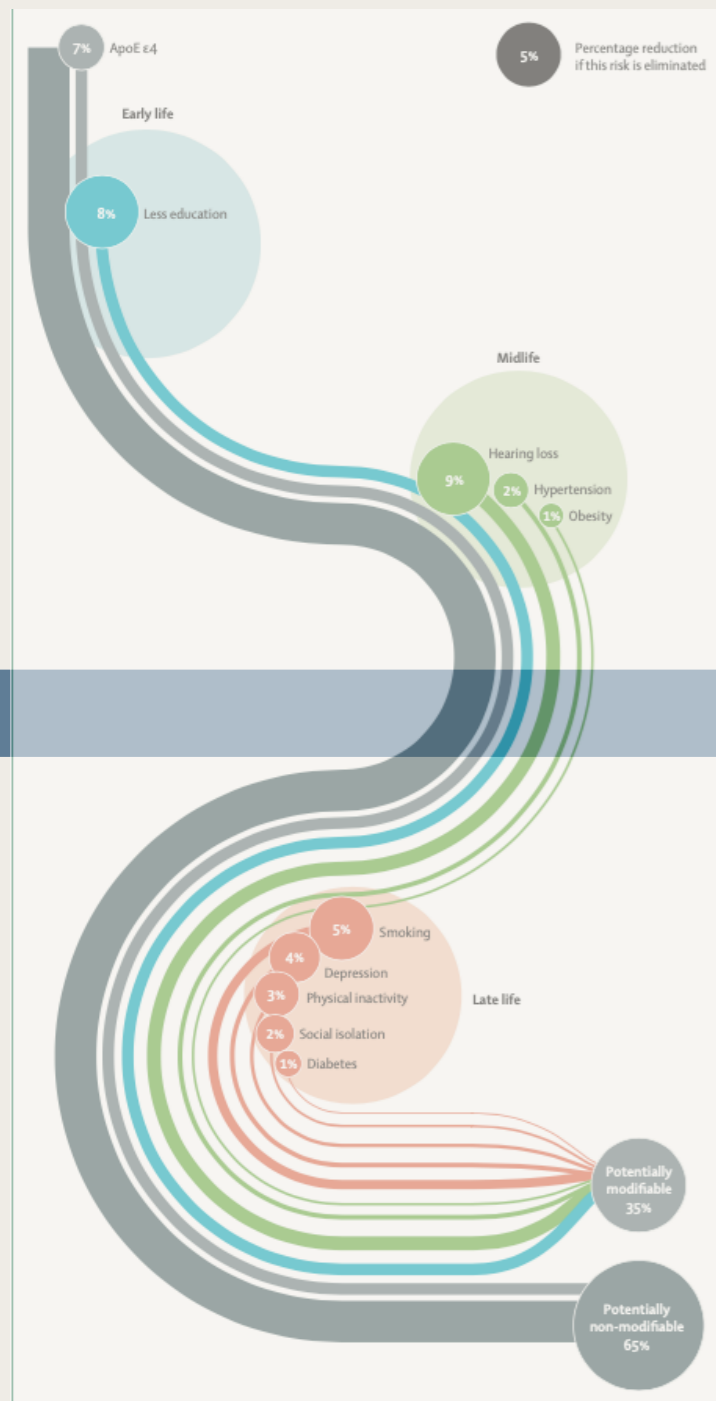
# *BACKGROUND*

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Universal vs selective prevention of dementia







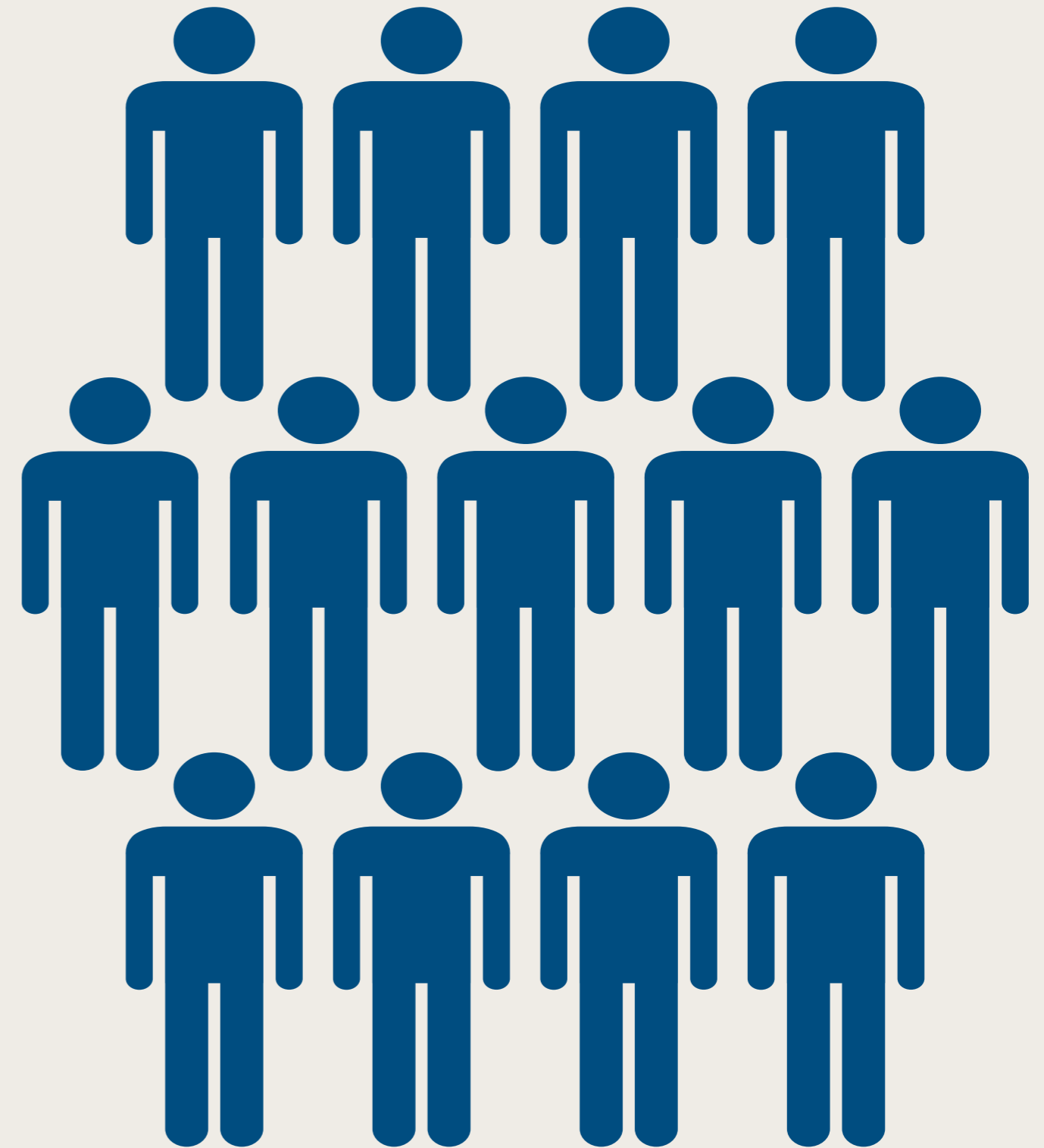
**Livingston et al., Dementia prevention, intervention, and care: 2020 report of the Lancet Commission (2020)**

Selective

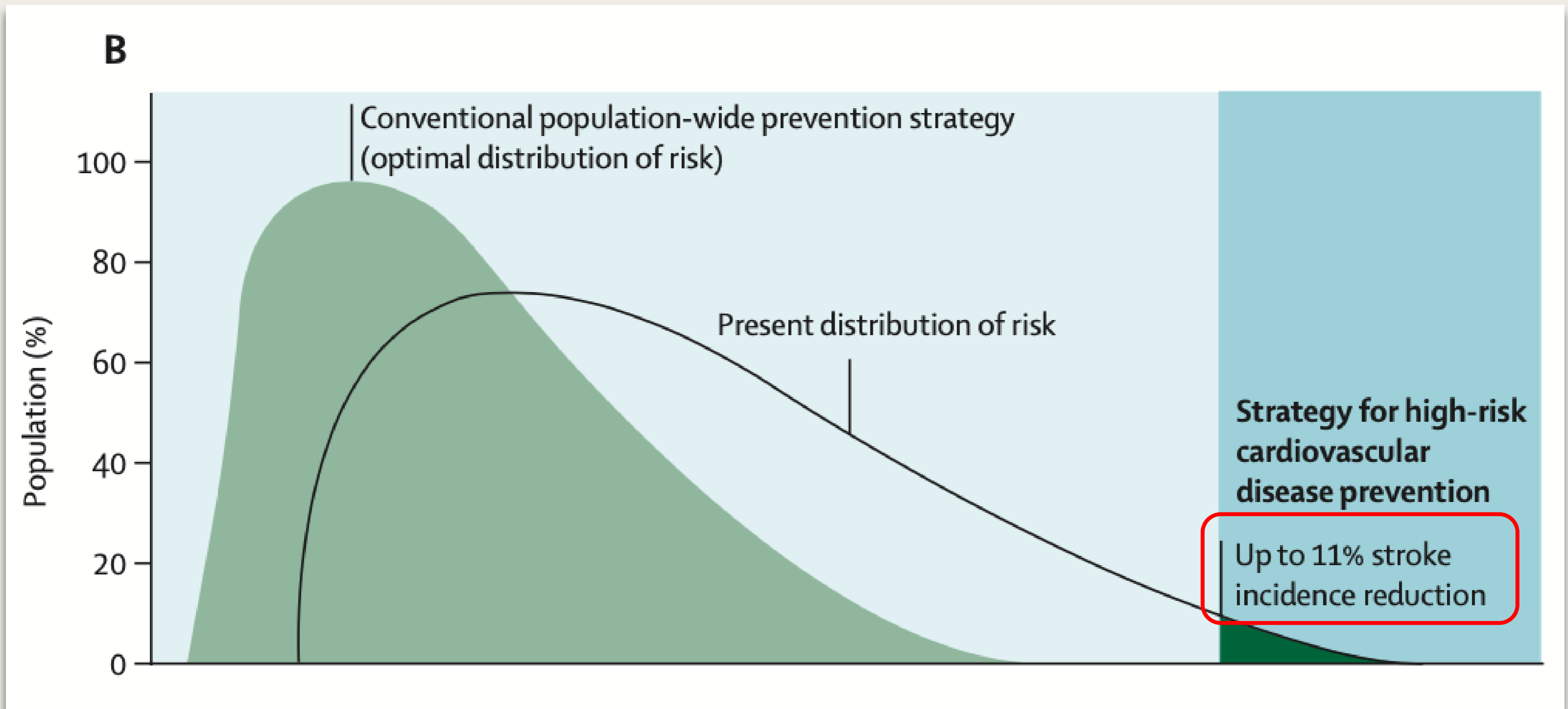


VS

Universal

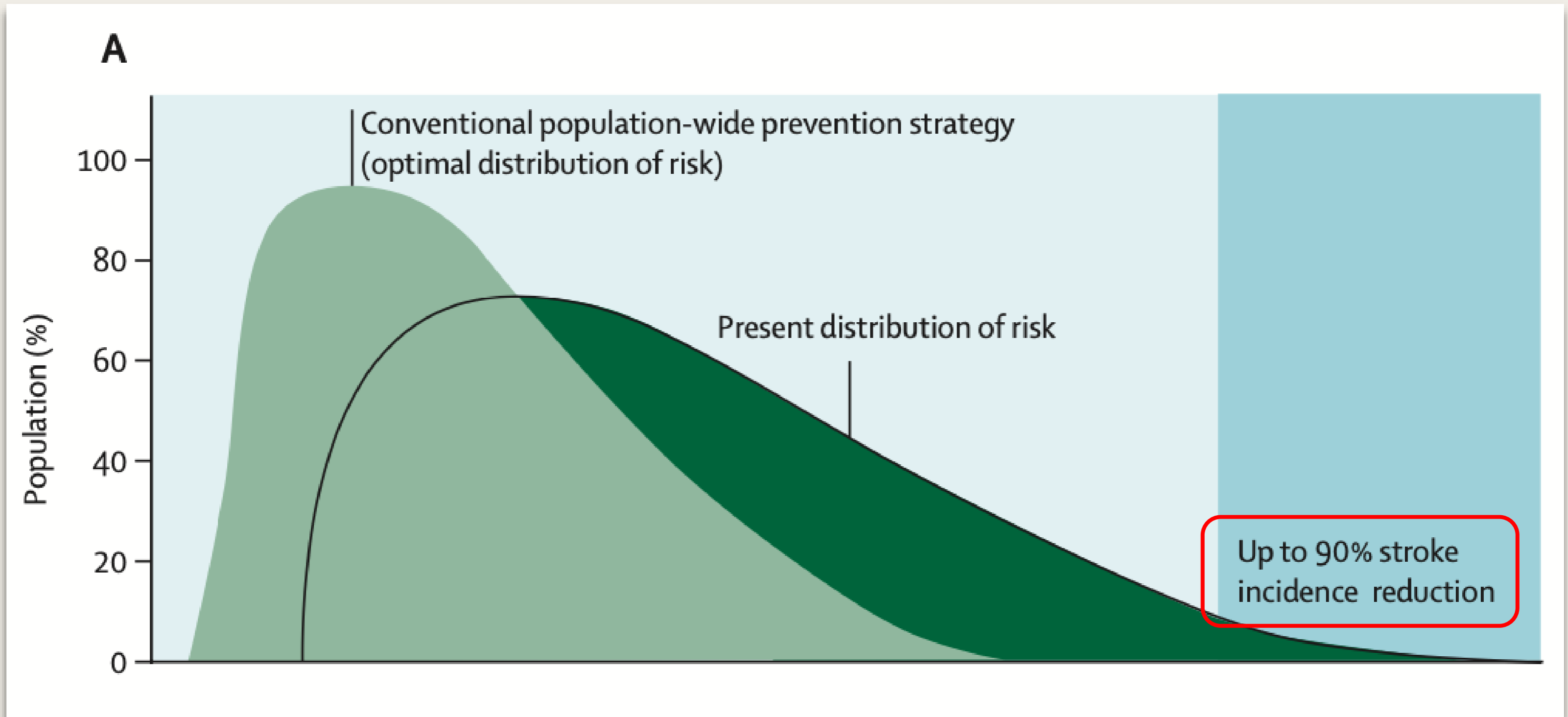
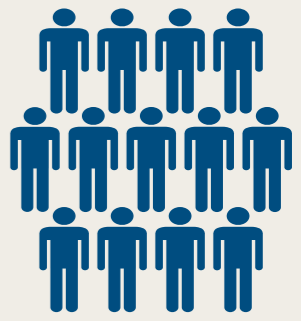


# Selective





# Universal



# OUR STUDY

J Prev Alz Dis 2024;  
Published online July 11, 2024, <http://dx.doi.org/10.14283/jpad.2024.144>

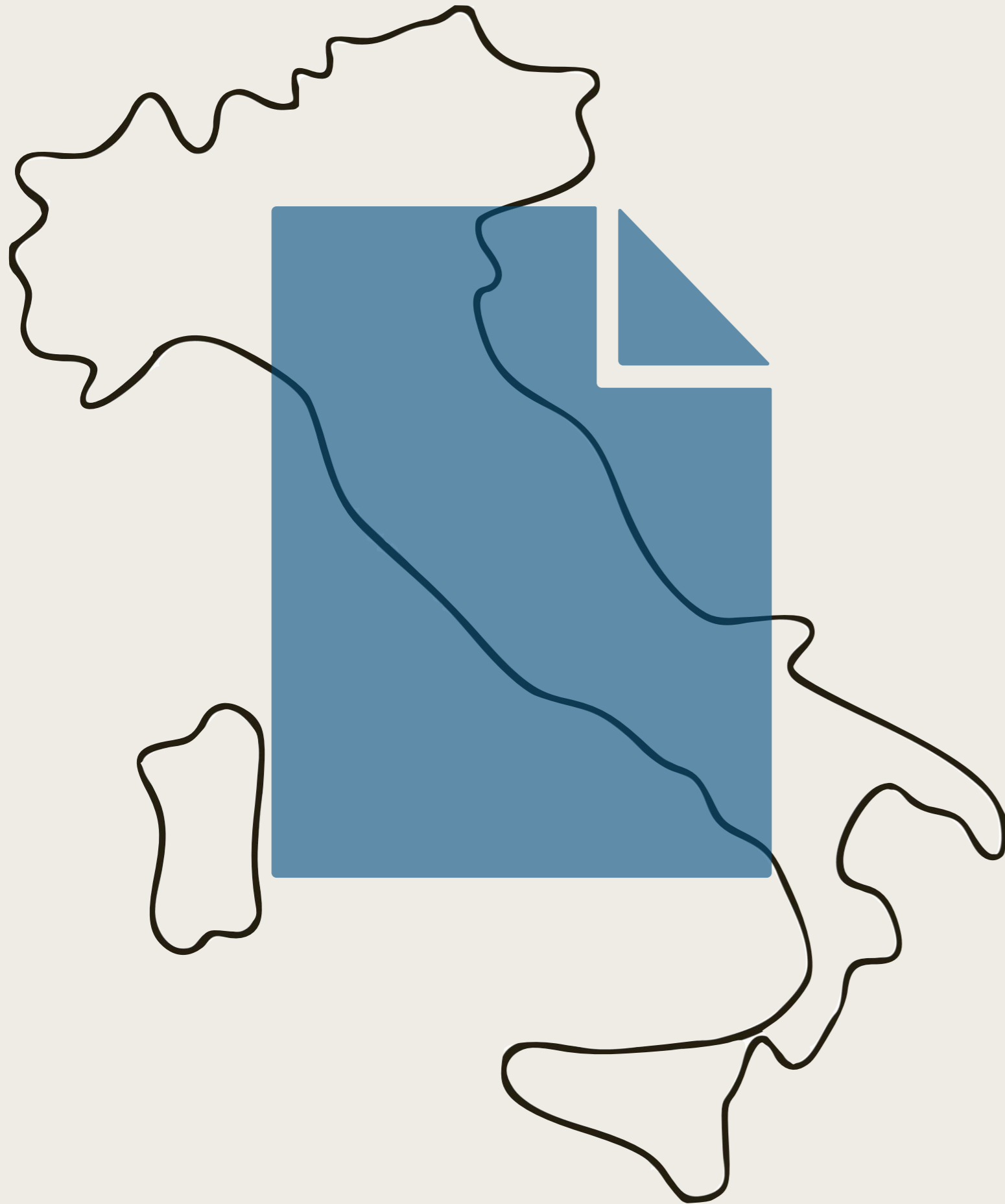
Original Research

## Universal Prevention of Dementia in Italy: A Document Analysis of the 21 Italian Regional Prevention Plans

*S. Salemmme<sup>1,2</sup>, D. Marconi<sup>3</sup>, S.M. Pani<sup>4</sup>, G. Zamboni<sup>1,5</sup>, C. Sardu<sup>4</sup>, G. Lazzeri<sup>3,6</sup>, M. Corbo<sup>7</sup>, E. Lacorte<sup>8</sup>, N. Locuratolo<sup>8</sup>, A. Ancidoni<sup>8</sup>, N. Vanacore<sup>8</sup>, G. Bellomo<sup>8</sup>*

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The **National Prevention Plan (NPP)** is the national agenda of preventive interventions.



Italian Regions adapt the NPP to the local context by developing a **Regional Prevention Plan (RPP)**.

# Regional Prevention Plan RPP

**MO1**



**MO2**



**MO3**



**MO4**



**MO5**



**MO6**



RPPs include 6 **Macro Objectives** (MOs):

**MO1** - *Chronic non-communicable diseases (NCDs)*

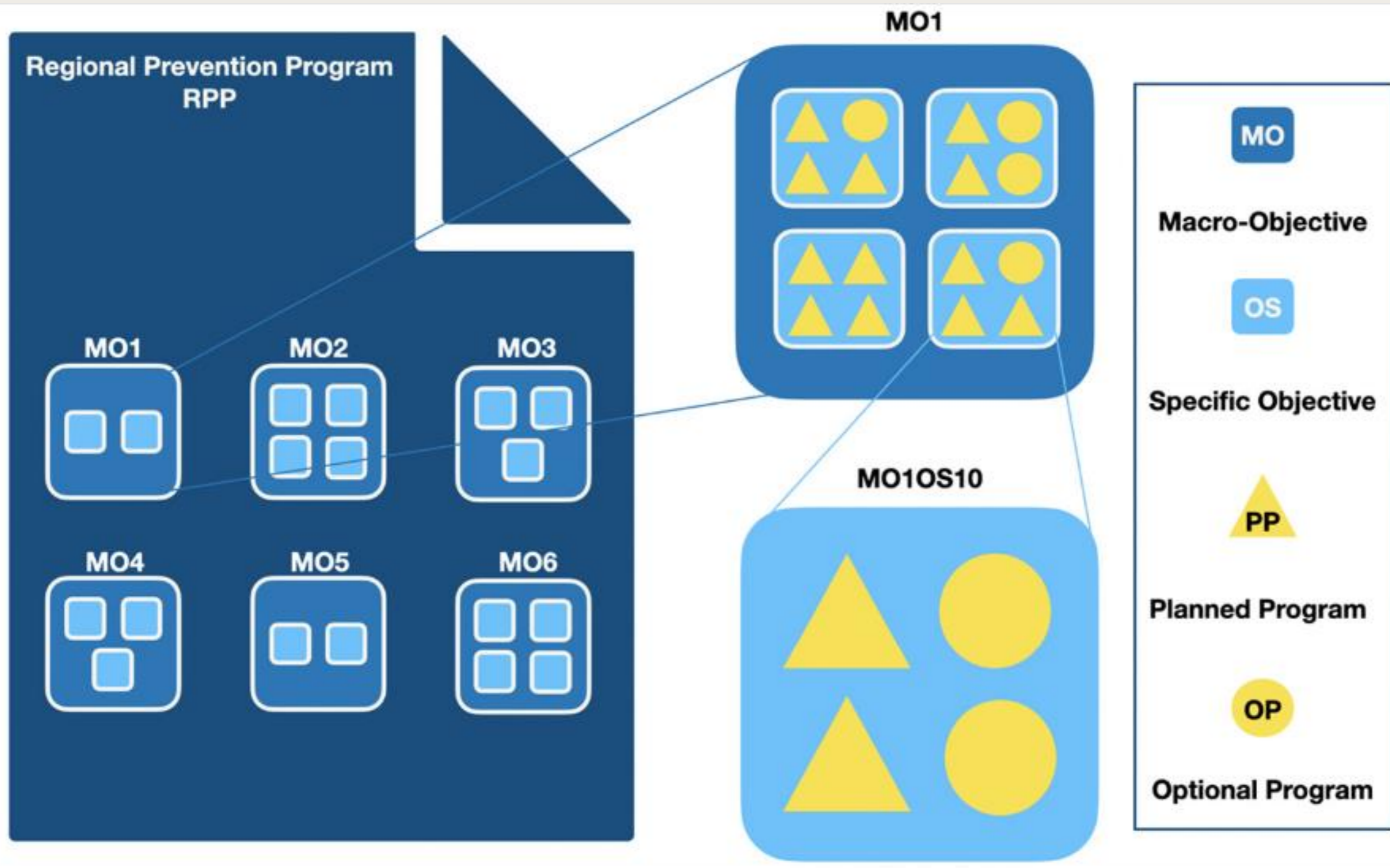
**MO2** - *Addictions and related problems*

**MO3** - *Road and domestic accidents*

**MO4** - *Work accidents and injuries and occupational diseases*

**MO5** - *Environment, climate, and health*

**MO6** - *Priority infectious diseases*



MO1 includes **Dementia** as one of its SOs.

# Aim 1

Identification of dementia-specific  
preventive interventions

**MO10S10**



Dementia





Present

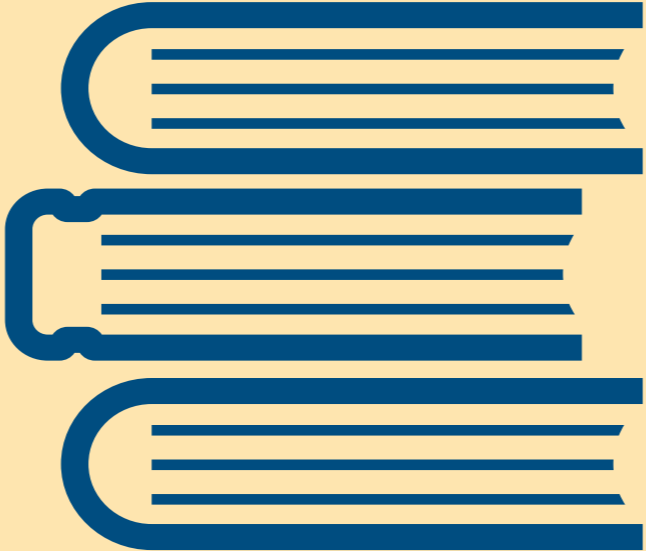
Absent

**Direct:** explicitly address a risk factor.

**Potential:** could indirectly impact risk factors.

**Absent:** no direct or indirect benefit.

**Potential:** could indirectly impact risk factors.



**Focused review**

	Low education	Hypertension	Hearing loss	Smoking	Alcohol	Obesity	Depression	Physical inactivity	Diabetes	Social isolation	TBI	Air pollution
Abruzzo								3				
Basilicata								4				
Calabria								4				
Campania			2	1	1			7		6		1
Emilia-Romagna			1		2			6				
Friuli Venezia Giulia	1		1	2	3			9	2			
Lazio	1		1	1	1			8				
Liguria								4				
Lombardia	1		1	1	1			16	2			
Marche			1	1				6	1			1
Molise			1					6				
PA Trento	2							2	2	1		
Piemonte								6		2		
Puglia			1					3				
Sardegna								4				
Sicilia	1		1	1	1			5	1			
Toscana			1	1				6		4	1	
Umbria								4				
Valle d'Aosta								7		1		
Veneto			3	2				7				
PA Bolzano	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
<b>Total</b>	<b>0</b>	<b>6</b>	<b>0</b>	<b>14</b>	<b>10</b>	<b>9</b>	<b>0</b>	<b>117</b>	<b>8</b>	<b>14</b>	<b>1</b>	<b>2</b>

**Physical inactivity**



**Social isolation**



**Obesity**



**Diabetes**



**Hypertension**



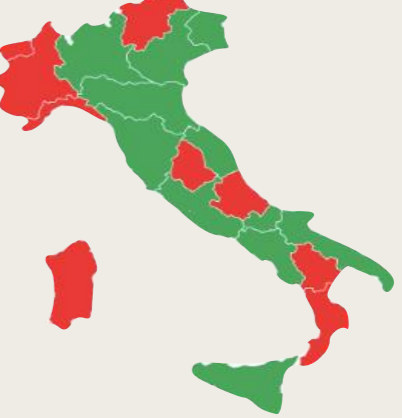
**Depression**



**Smoking**



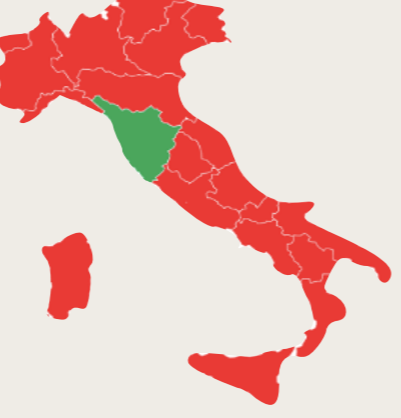
**Alcohol consumption**



**Air pollution**



**TBI**

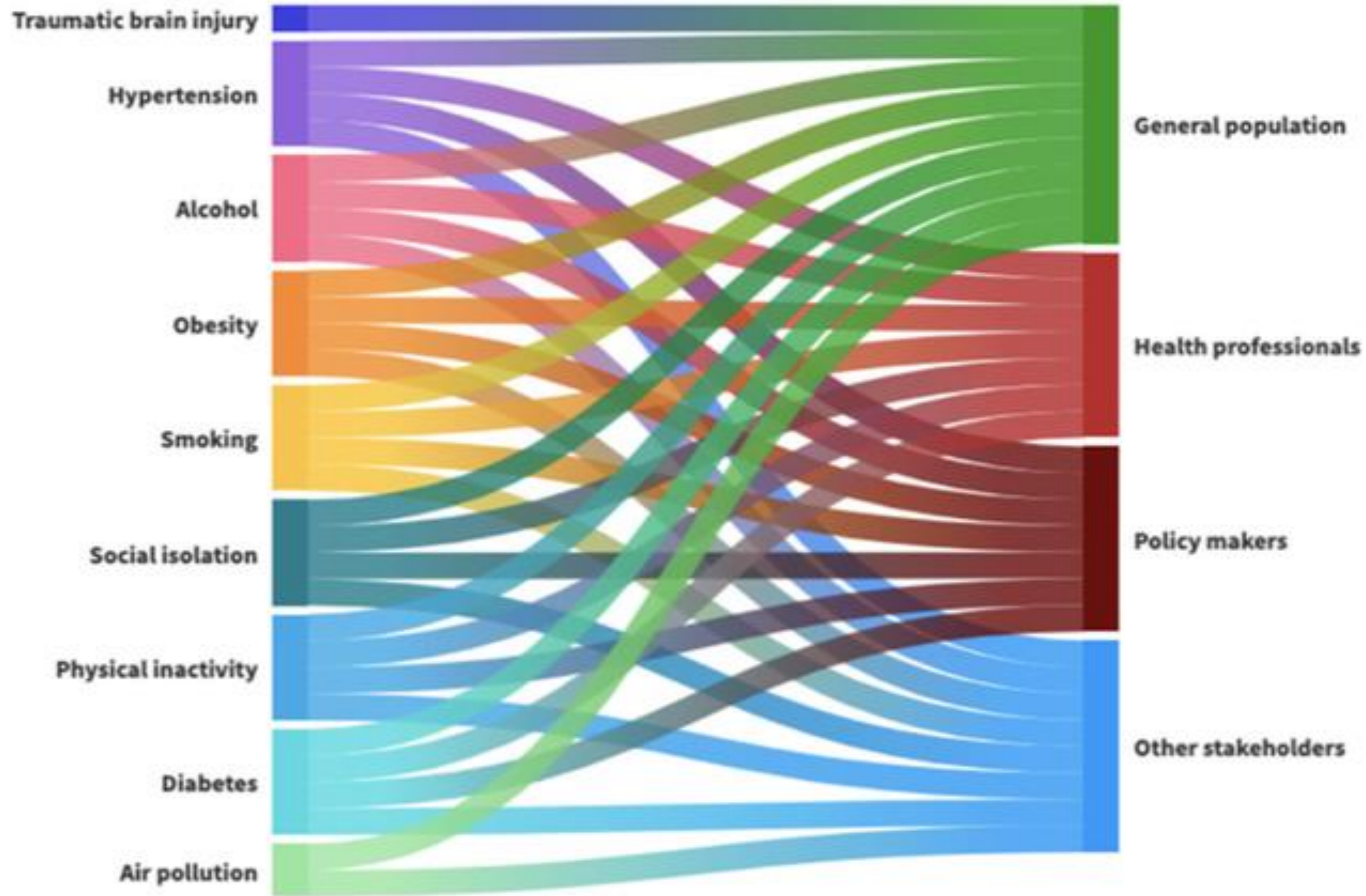


**Less education**



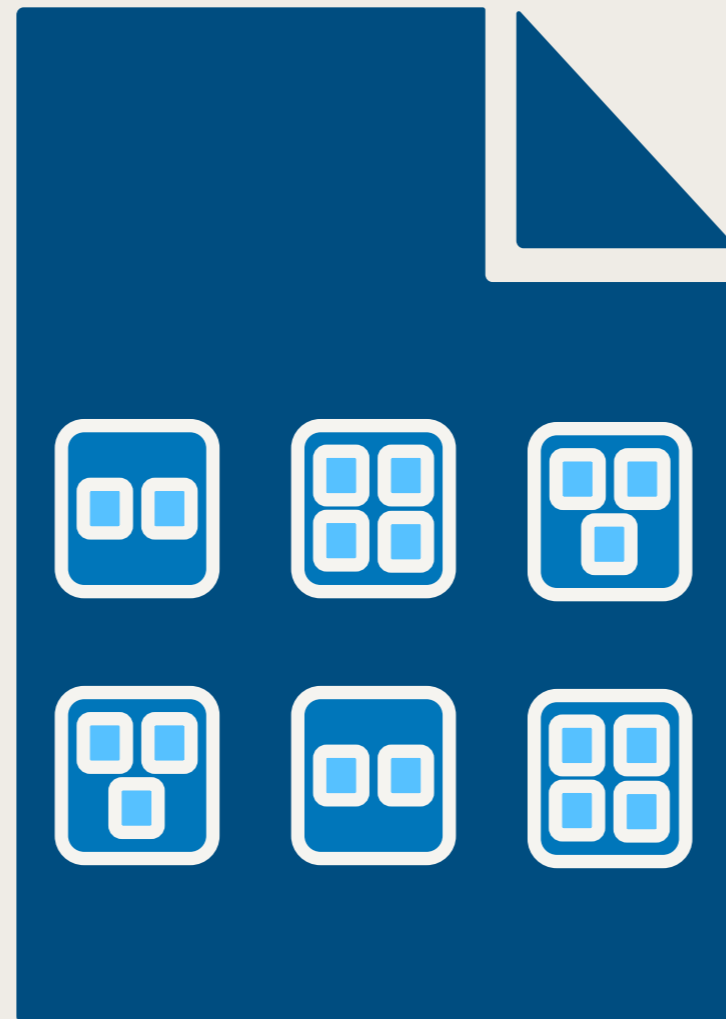
**Hearing loss**





# Aim 2

## Quality checklist development & application





**Four domains and a total of 63 items:**

**Domain 1 (18 items)**

*Demographic and epidemiological context of dementia*

**Domain 2 (9 items)**

*Burden of dementia*

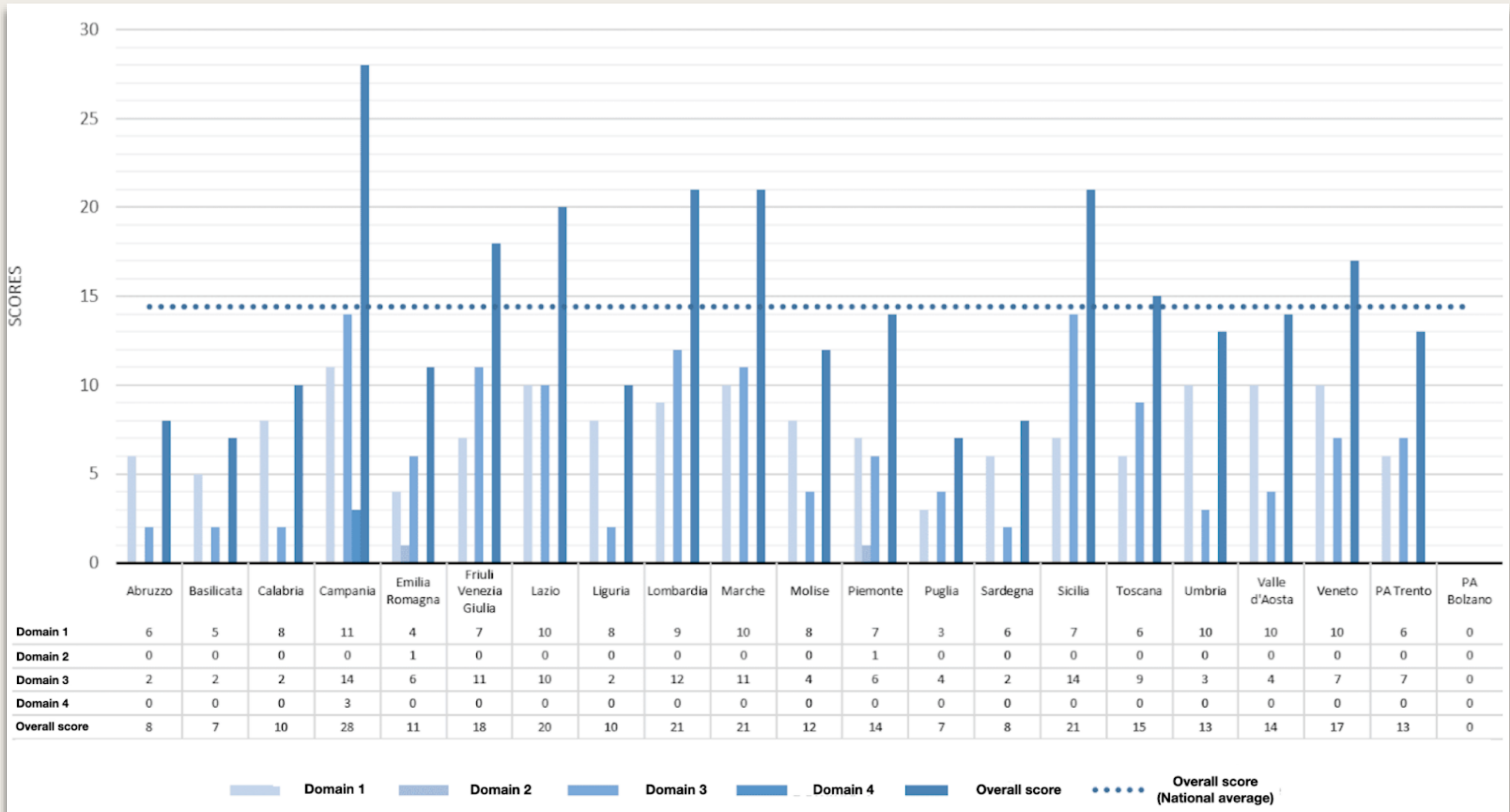
**Domain 3 (33 items)**

*Prevention strategies for dementia*

**Domain 4 (3 items)**

*Feasibility of interventions*







Rich **data on risk factors** (Passi and Passi d'Argento).



**Alignment** of interventions **to the age groups** described by the *Lancet Commission*.

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Limited data on **dementia** prevalence, especially for Alzheimer's dementia and vascular dementia.



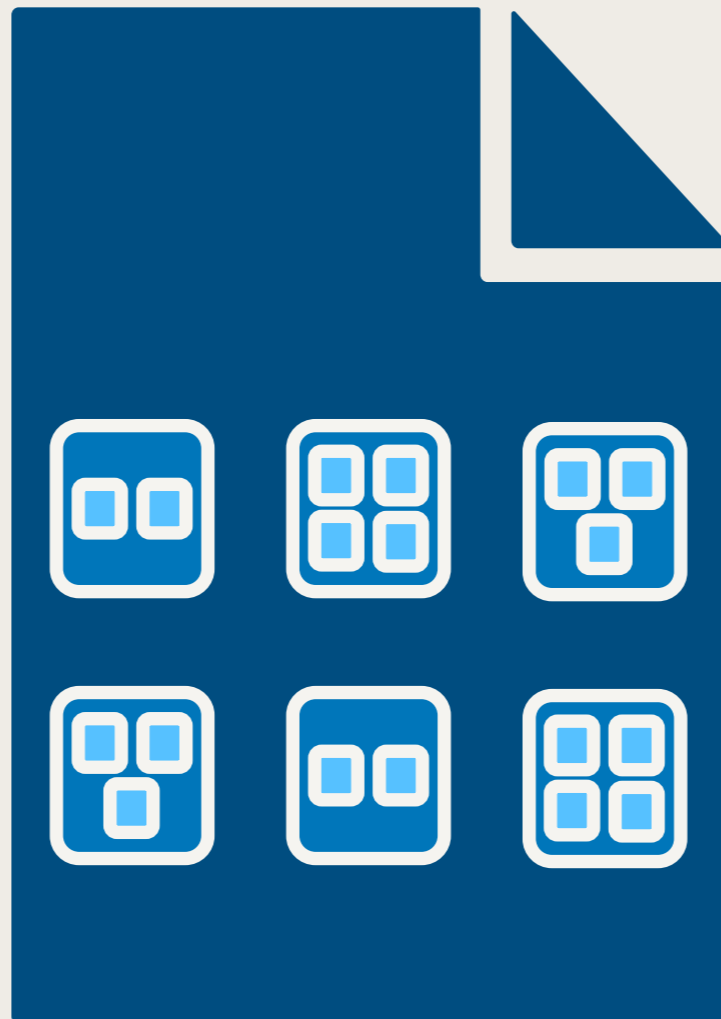
Lack of **evidence references** supporting interventions.



Few interventions targeting individuals with **cognitive impairment**.

# Aim 3

Identification of non-dementia-specific  
preventive interventions





**Hypertension**

**Sugar**

**School**

**Isolation**

**Pollution**

**Education**

**Obesity**

**Auditory**

**Loneliness**

**Physical activity**

**Salt**

**Blood pressure**

**Head injury**

**Hearing**



**Notable increase** in the number of risk factors addressed.

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**None** of the RPPs simultaneously targeted **all 12 risk factors**.



**1/3** of the RPPs **did not target depression and social isolation**.

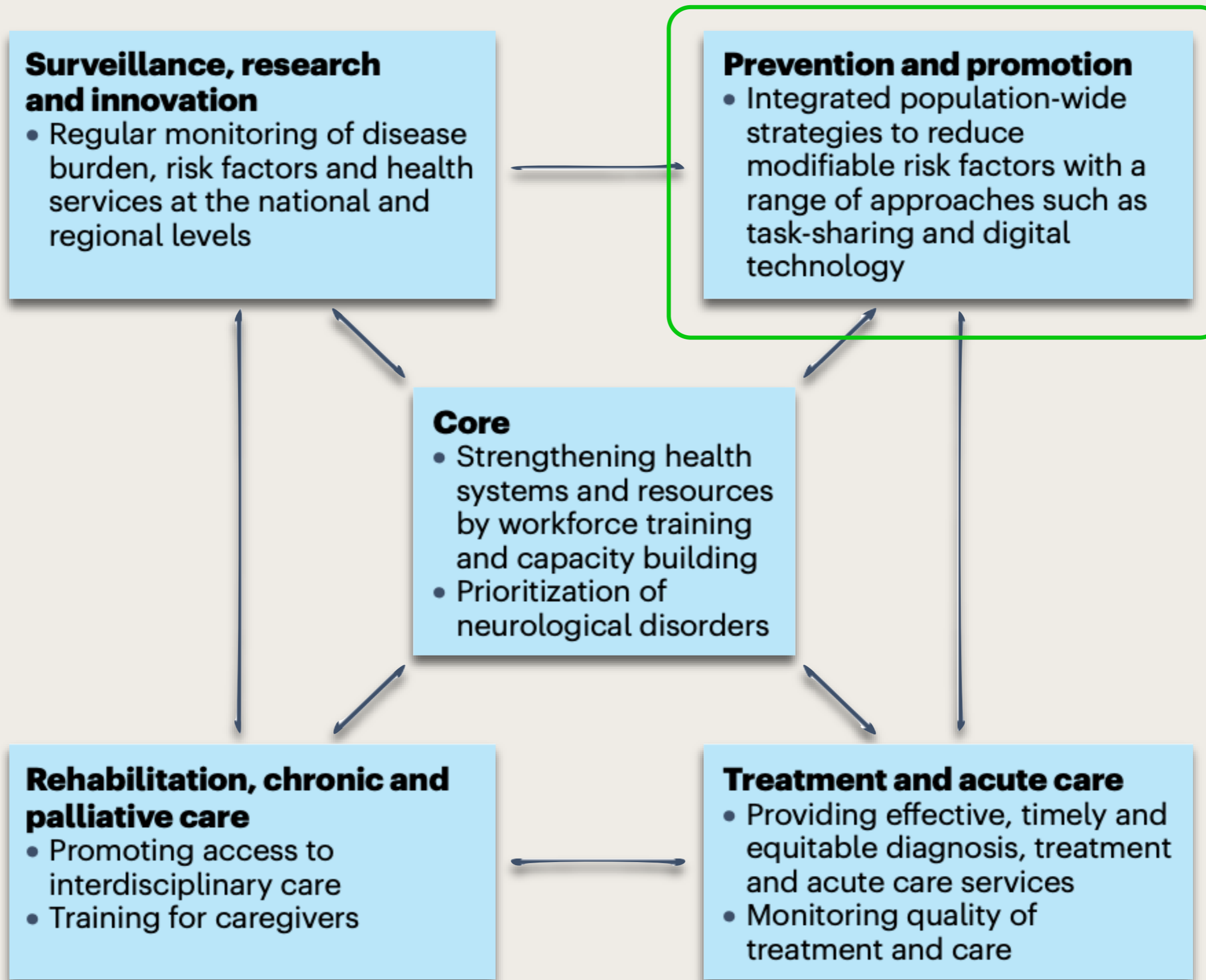


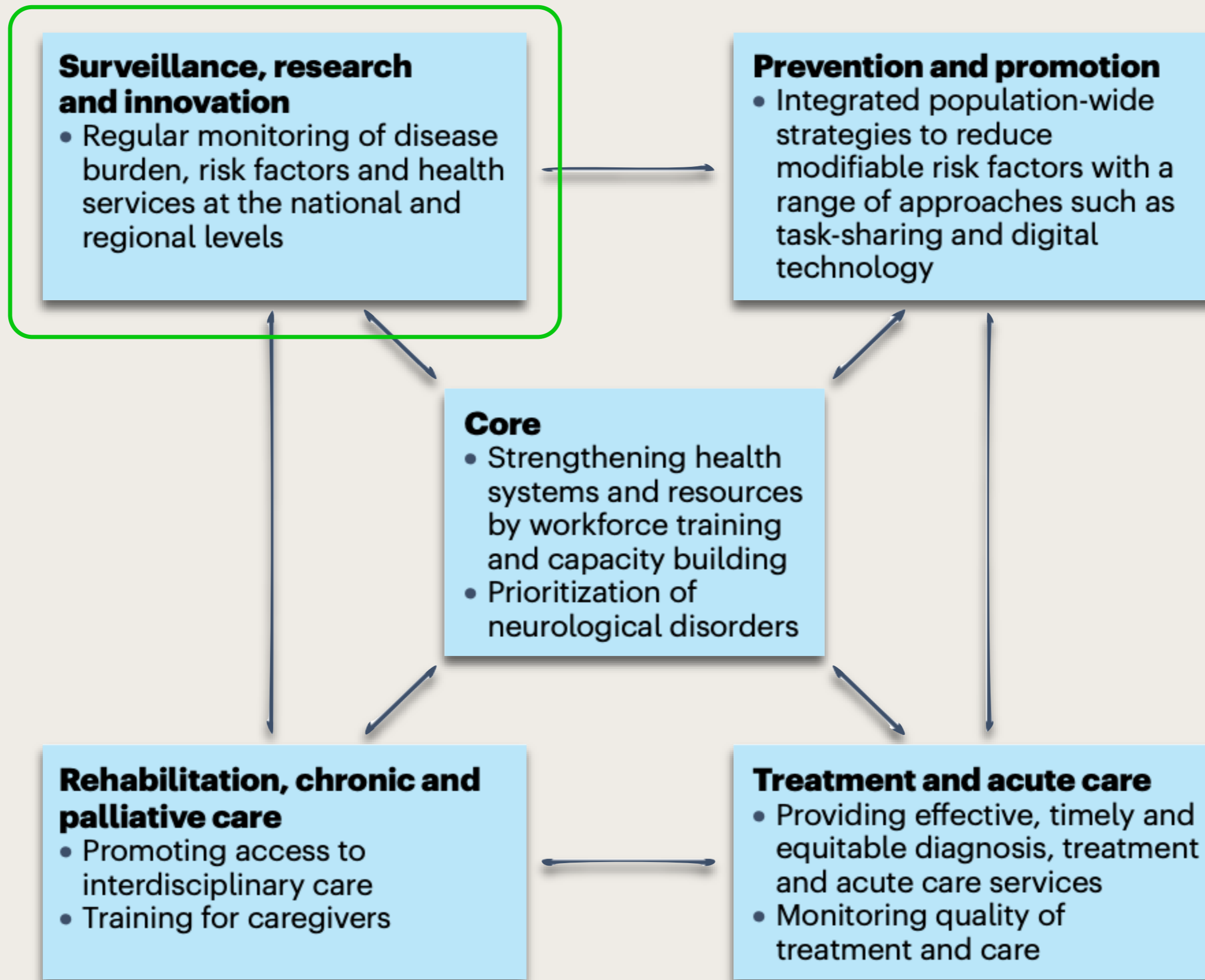
Only **1 RPP** (*i.e.*, Lombardia) addressed **hearing loss**.

# *NEXT STEPS*

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Universal prevention of dementia in Italy:  
A document analysis of the 21 Italian Regional Prevention Plans



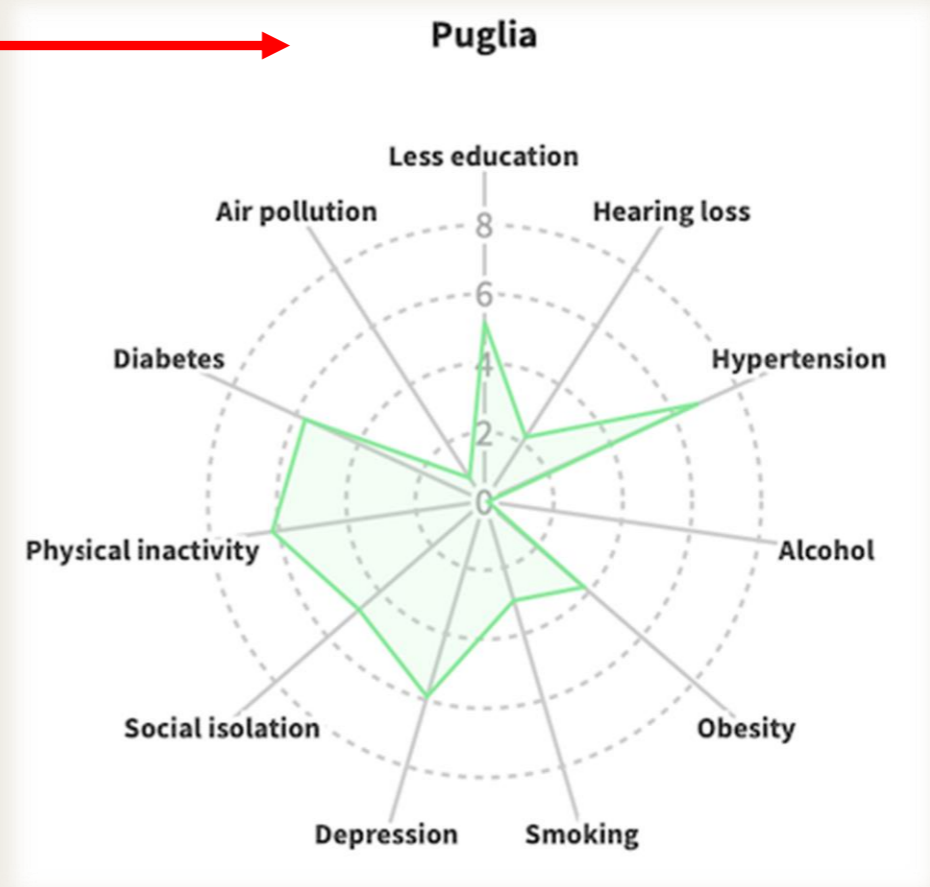
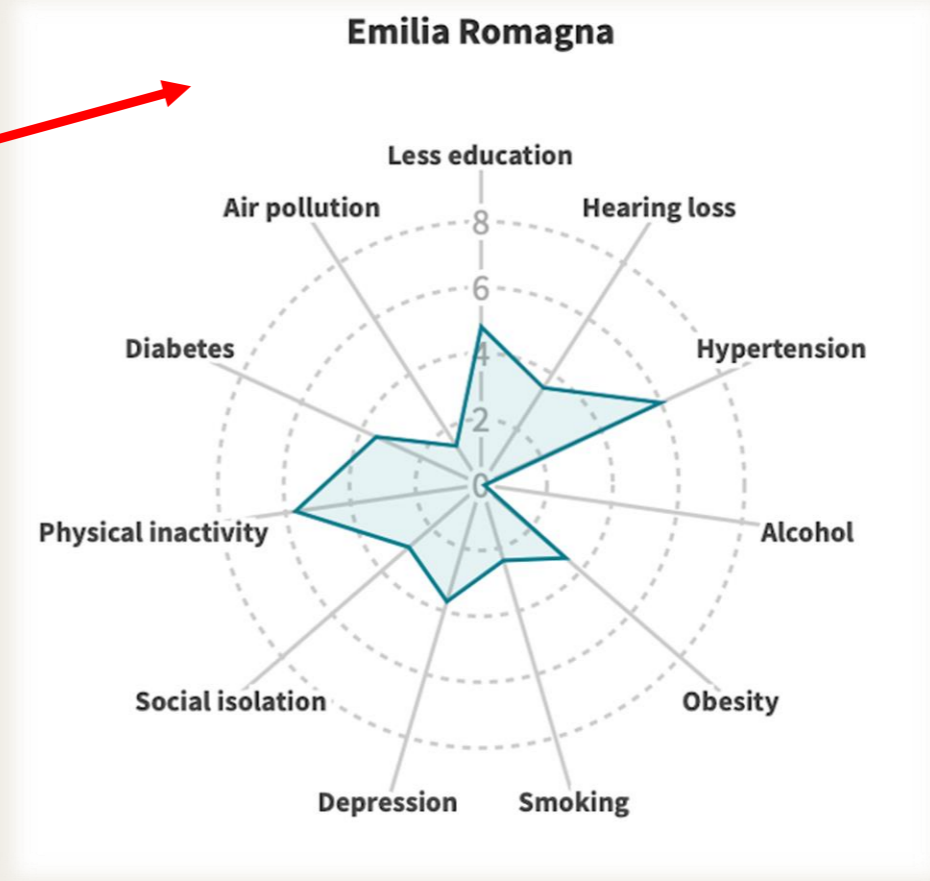
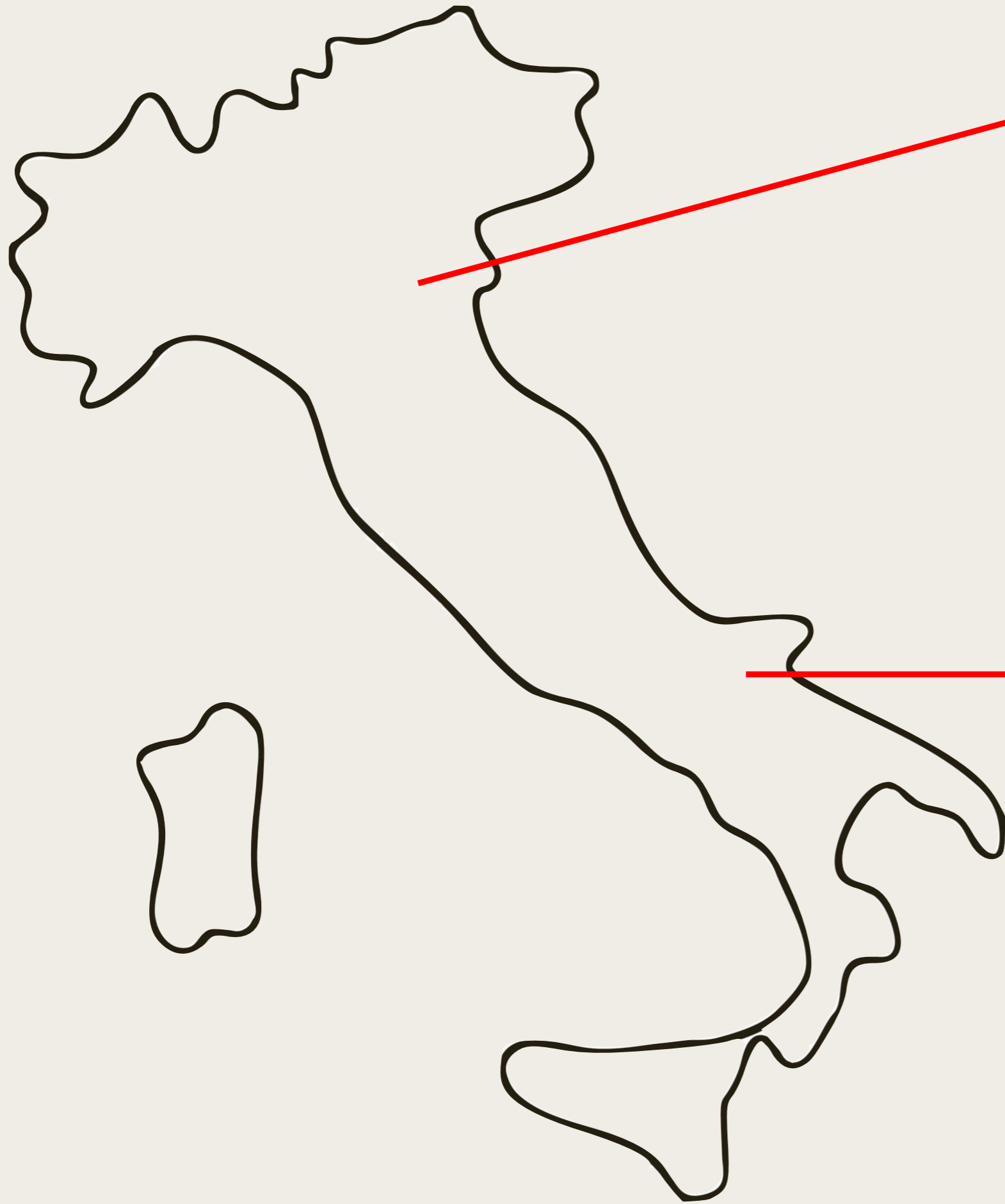




# Next step 1

Estimation of the  
national and subnational  
**PAFs** and **PIFs** for dementia





## Next step 2

Analysis of the social and commercial **determinants** of neurological health



## Determinants of neurological health

### Social determinants

Sociocultural conditions in which people grow, live, work, and age.

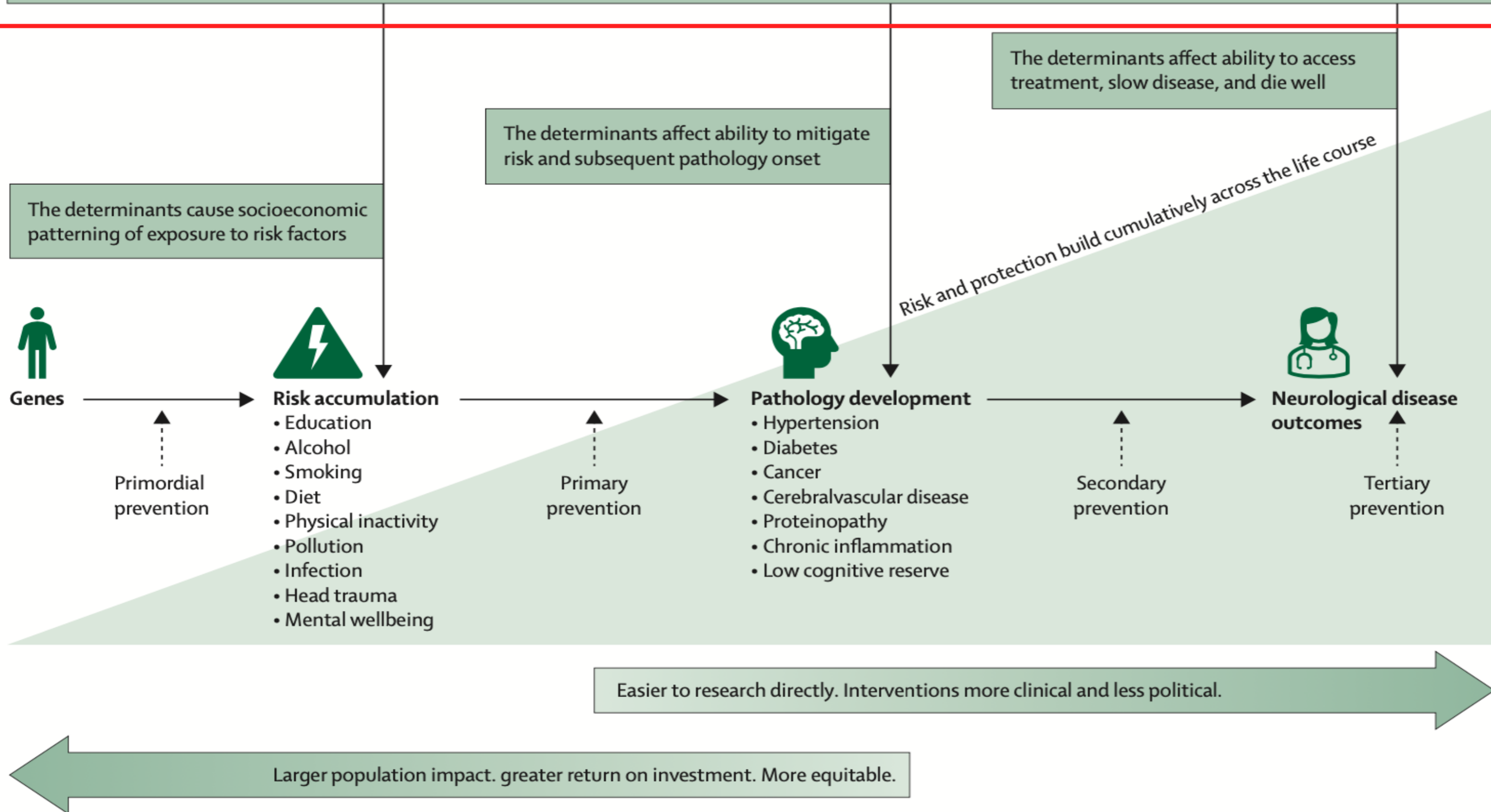
Including:

- Discrimination
- Education and employment
- Green space
- Inequality
- Housing and sanitation
- Health-care access

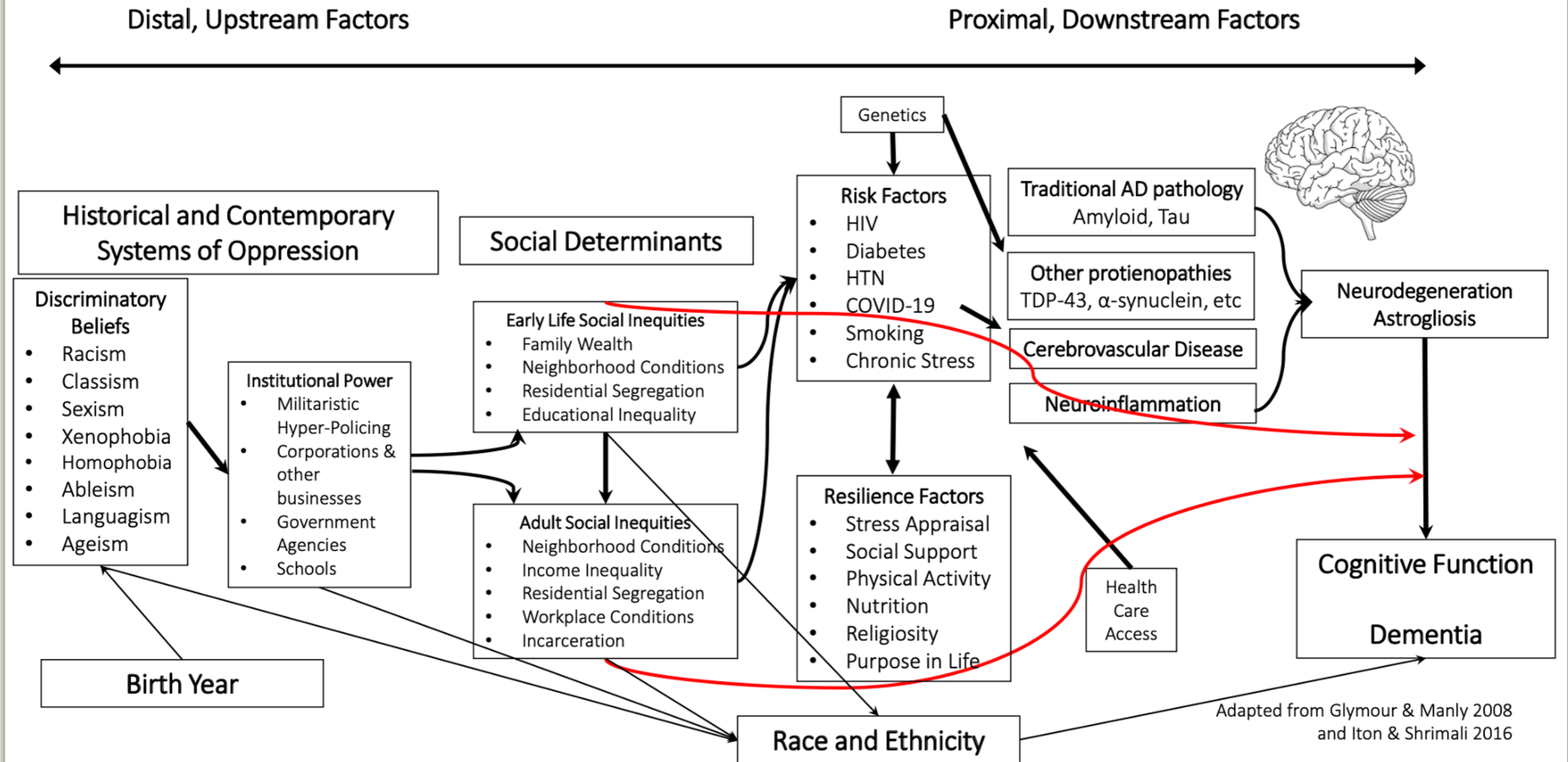
### Commercial determinants

Commercially driven actions of the private sector that influence politics and social conditions. Including:

- Marketing
- Research influence
- Pollution
- Lobbying
- Labour conditions
- Deforestation



# Lifecourse mechanisms underlying structural and social determinants of ADRD

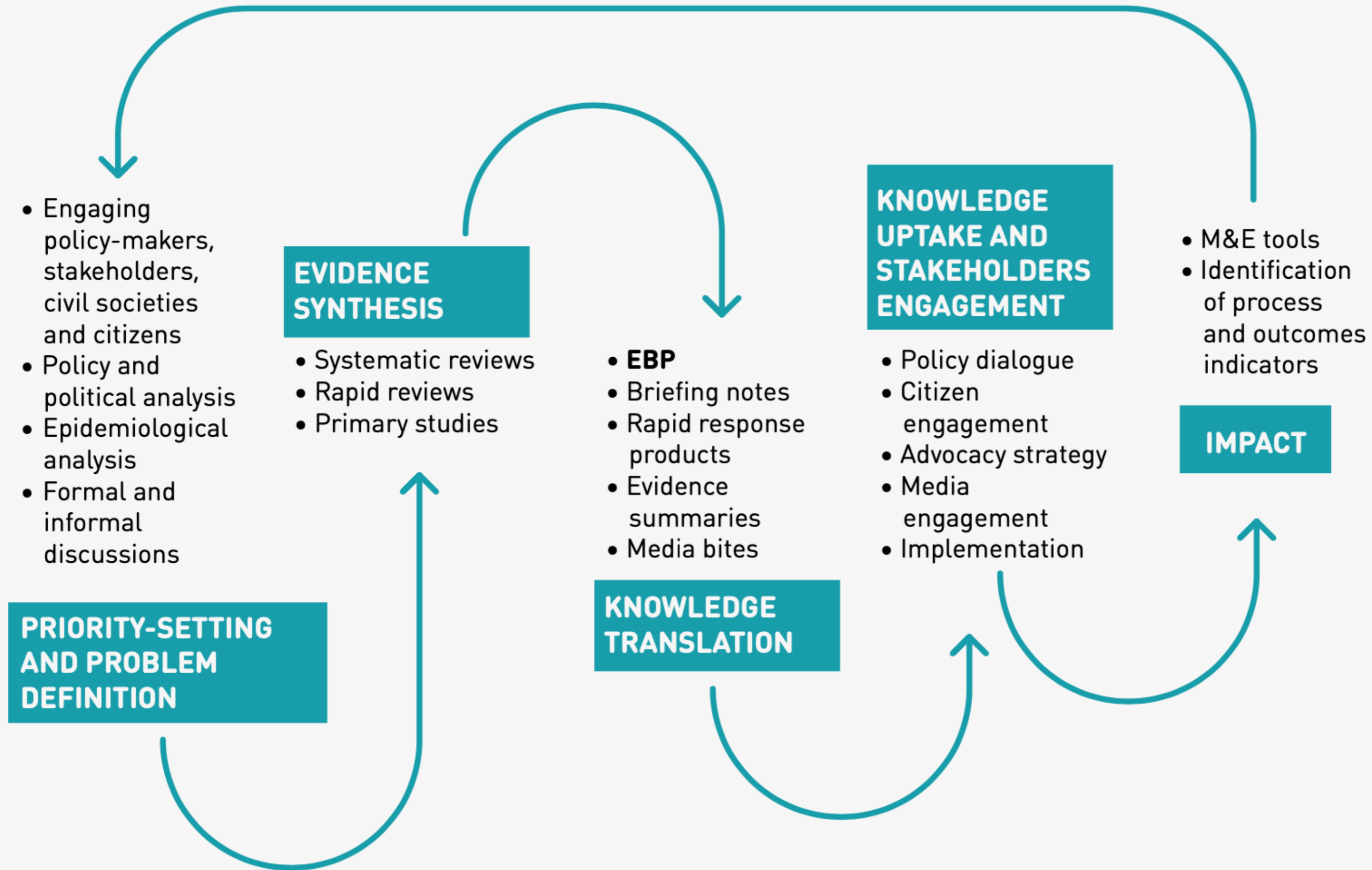


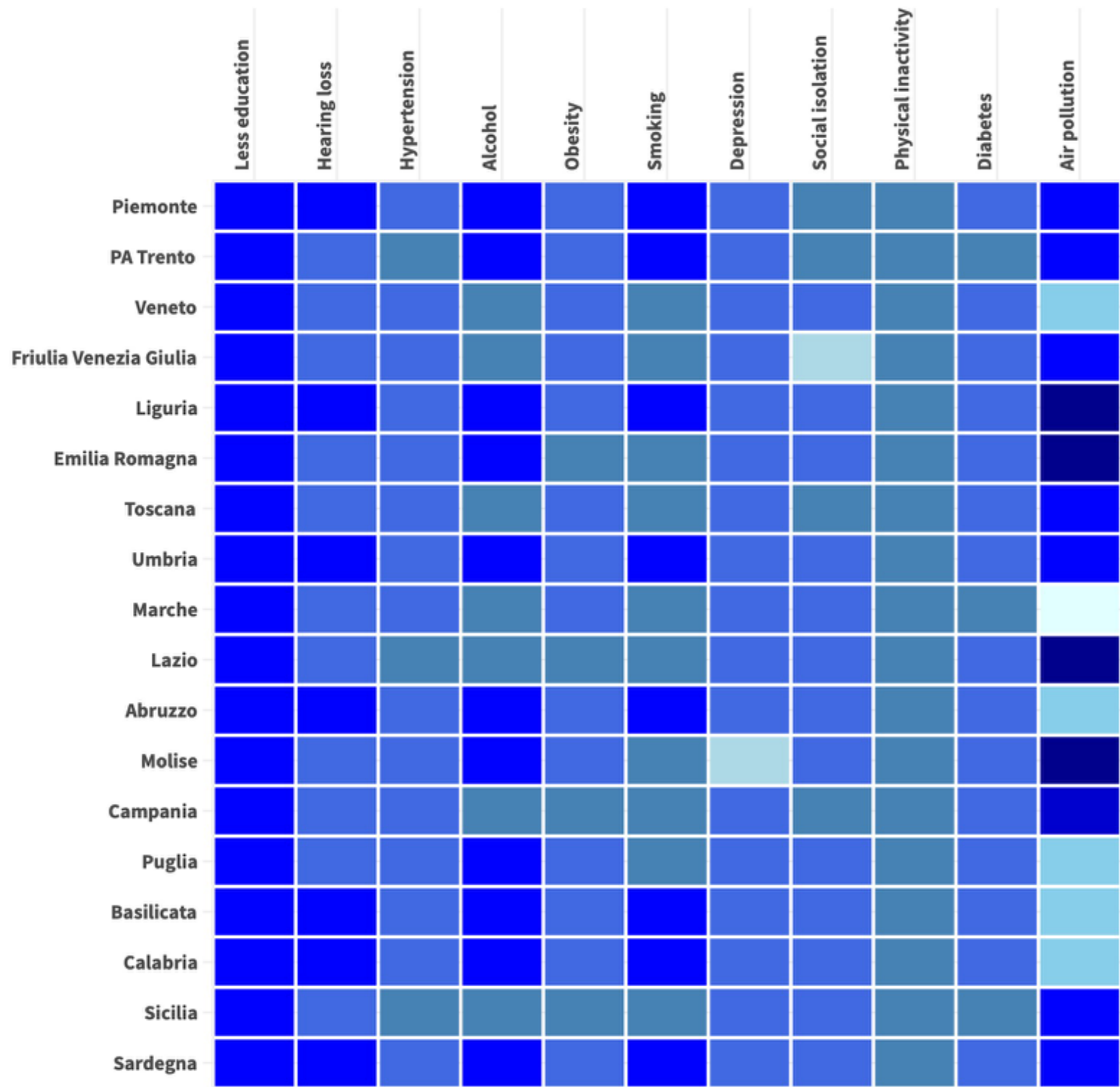
Courtesy of Jennifer J Manly, Professor of Neuropsychology (in Neurology, the Gertrude H. Sergievsky Center and the Taub Institute for Research on Alzheimer's Disease and the Aging Brain)

# Next step 3

Tailored **science for policy**  
activities







- Regional PAF lower than national - Risk factor directly addressed
- Regional PAF lower than national - Risk factor indirectly addressed
- Regional PAF lower than national - Risk factor not addressed
- Regional PAF in line with national - Risk factor directly addressed
- Regional PAF in line with national - Risk factor indirectly addressed
- Regional PAF in line with national - Risk factor not addressed
- Regional PAF higher than national - Risk factor directly addressed
- Regional PAF higher than national - Risk factor indirectly addressed

Asta et al., Preventing dementia in Italy: estimations of modifiable risk factors and public health implications (submitted)



# Next step 4

Scale up in the  
**European region**



# JADEHealth

*“Joint Action addressing DEmentia and other Neurological Disorders in Health”*

**‘HEALTHIER TOGETHER’**  
EU non-communicable diseases Initiative  
Reducing the burden of non-communicable diseases

**2022-2027**

The illustration shows three people working together to build a pyramid of health determinants and diseases. At the top, a man in a light blue shirt is climbing a rope, holding a red block with icons of a water bottle, an apple, and a bicycle. A woman in a yellow dress is standing on a ladder, holding a red block with a heart and a pulse line. A man in a white lab coat is standing on the ground, holding a blue block with a syringe icon. The pyramid is composed of several blocks: a red block with a heart and pulse line (labeled 'Cardiovascular diseases'), a blue block with a brain icon (labeled 'Mental health and neurological disorders'), a red block with a bicycle and apple icon (labeled 'Health determinants'), a blue block with a syringe icon (labeled 'Diabetes'), and a blue block with a lung icon (labeled 'Respiratory diseases').

Health determinants

Cardiovascular diseases

Diabetes

Respiratory diseases

Mental health and neurological disorders

European Commission

# The study



J Prev Alz Dis 2024;  
Published online July 11, 2024, <http://dx.doi.org/10.14283/jpad.2024.144>

Original Research

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# Thank you

# Get in touch!



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